



LIABILITY RELEASE AND INDEMNITY AGREEMENT



I _____, the undersigned, in consideration of the services of Jeff Sass and Neutral Ground Sheboygan, LLC, its instructors, members, non-members, agents or representatives (Hereinafter referred to as “**NG SHEBOYGAN**”), hereby agree to release and discharge **NG SHEBOYGAN**, on behalf of myself, my heirs, assigns, personal representatives and estate as follows:

- I understand and acknowledge that the activity, the martial arts training, I am about to voluntarily engage in as a participant and/or volunteer bears certain known risks and unanticipated risks which could result in injury, death, illness or disease, physical or mental fatigue/exhaustion.
- I acknowledge that martial arts training involves strenuous physical activities and personal body contact, and that I will be participating in simulated attack situations which can be physically harmful and/or emotionally stressful and involves risks that may cause serious injury or death.
- I voluntarily assume ALL risks associated with training at **NG SHEBOYGAN**
- I represent that, to the best of my knowledge, do not have any health conditions that would make it inadvisable for me to participate in martial arts training at **NG SHEBOYGAN**.
- If I am not absolutely certain that I am in good health, I will have a qualified physician conduct a physical examination on me before participating in martial arts training.

I indemnify, release, discharge and hold harmless **NG SHEBOYGAN** doing business under its own name or any other name or property owners for any loss, liability, or cost whatsoever arising out of or related to my participation in the martial arts training. **I ASSUME ALL RESPONSIBILITY** for injury, illness, death, or loss even if it results from intention or negligence.

Signature _____

Date _____